

PROGRAMME POOMSES

COMPETITION	CATEGORIES	POUMSE
INDIVIDUEL	CADETS	Taegueug 4,5,6,7,8 jang, Koryo, Keumgang
	JUNIORS	Taegueug 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
	SENIORS 1	Taegueug 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
	SENIORS 2	
	MASTER 1	Taegueug 8 jang, Koryo, Keugang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
	MASTER 2	Koryo, Keugang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
	MASTER 3	
PAIR	13-14 ans	Taegueug 4,5,6,7,8 jang, Koryo, Keumgang
	15-17 ans	Taegueug 6,7,8 jang, Koryo, Keumgang, Taeback
	18 – 30 ans	Taegueug 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
	31 et plus	Taegueug 8 jang, Koryo, Keugang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
EQUIPE	13-14 ans	Taegueug 4,5,6,7,8 jang, Koryo, Keumgang
	15-17 ans	Taegueug 4,5,6,7,8 jang, Koryo, Keumgang
	18 – 30 ans	Taegueug 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
	31 et plus	Taegueug 8 jang, Koryo, Keugang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon